**Please note that we are operating a controlled entry system in order to protect our staff and patients by minimising face to face contact risks. Please ring prior to visiting the surgery.**

**If you have symptoms of a**

**• A cough**

**• A high temperature or**

**• Shortness of breath**

**and are concerned you have coronavirus or may have come into contact with someone who has, the NHS111 online service has created coronavirus pages that tell patients what they should do based on their particular circumstances.  These can be accessed at** [**https://111.nhs.uk/service/covid-19**](https://111.nhs.uk/service/covid-19)

**PLEASE DO NOT ATTEND THE SURGERY.**

The latest information on symptoms of coronavirus infection <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

NHS 111 has an online coronavirus service accessed at: <https://111.nhs.uk/service/covid-19>

that can tell you if you need medical help and advise you what to do.

Use this service if:

• you think you might have coronavirus

• you've been in close contact with someone with coronavirus.

**Do not go to a GP surgery, pharmacy or hospital. Call 111 if you need to speak to someone**.

**How to avoid catching or spreading coronavirus**

**Do**

* wash your hands with soap and water often – do this for at least 20 seconds
* always wash your hands when you get home or into work
* use hand sanitiser gel if soap and water are not available
* cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
* put used tissues in the bin straight away and wash your hands afterwards
* try to avoid close contact with people who are unwell

**Don't**

* do not touch your eyes, nose or mouth if your hands are not clean

Check if you need medical help

NHS 111 has an online coronavirus service that can tell you if you need medical help and advise you what to do.

Use this service if:

* you think you might have coronavirus
* you've been in close contact with someone with coronavirus

[Use the 111 coronavirus service](https://111.nhs.uk/covid-19)

Information: **Do not go to a GP surgery, pharmacy or hospital**.

Call 111 if you need to speak to someone.