**Due to Covid 19 we are operating a controlled door entry system in order to protect our staff and patients by minimising face to face contact risks.**

All appointments are bookable by phone (or on-line) only for an initial telephone consultation. Please telephone the surgery and a Doctor will telephone you back to assess your condition. Should they need to see you face to face they will make an appointment for you to come in to the surgery.

Please note that in order to minimise the numbers of patients attending the surgery we would also ask the following:

* Please attend the surgery on your own unless absolutely necessary, for example a carer or child
* In order to minimise the patients in the waiting room please do not arrive more than a few minutes before your appointment time
* Whilst we are following government guidance in not insisting that patients wear masks in the surgery unless they have a viral type of illness (cough, temperature etc) we would ask patients follow appropriate social distancing and hand washing; hand sanitisers are available
* All repeat prescriptions are being sent directly to your usual pharmacy and are not currently holding any prescriptions for collection
* Please telephone first for any general enquiries

Please also note that we do not offer Covid 19 testing at the surgery.

**If you are concerned you have coronavirus or may have come into contact with someone who has, the NHS111 online service has created coronavirus pages that tell patients what they should do based on their particular circumstances.  These can be accessed at** [**https://111.nhs.uk/service/covid-19**](https://111.nhs.uk/service/covid-19)

**Do not go to a GP surgery, pharmacy or hospital. Call 111 if you need to speak to someone**.

**How to avoid catching or spreading coronavirus**

**Do**

* wash your hands with soap and water often – do this for at least 20 seconds
* always wash your hands when you get home or into work
* use hand sanitiser gel if soap and water are not available
* cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
* put used tissues in the bin straight away and wash your hands afterwards
* try to avoid close contact with people who are unwell
* Follow government guidance on social distancing

**Don't**

* do not touch your eyes, nose or mouth if your hands are not clean
* do not attend the Surgery, Pharmacy or Hospital if you think you might have coronavirus, you've been in close contact with someone with coronavirus